



DID YOU KNOW?



We use red tractor or farm assured meat in our schools.

We use MSC Certified Fish to encourage sustainable fishing practices

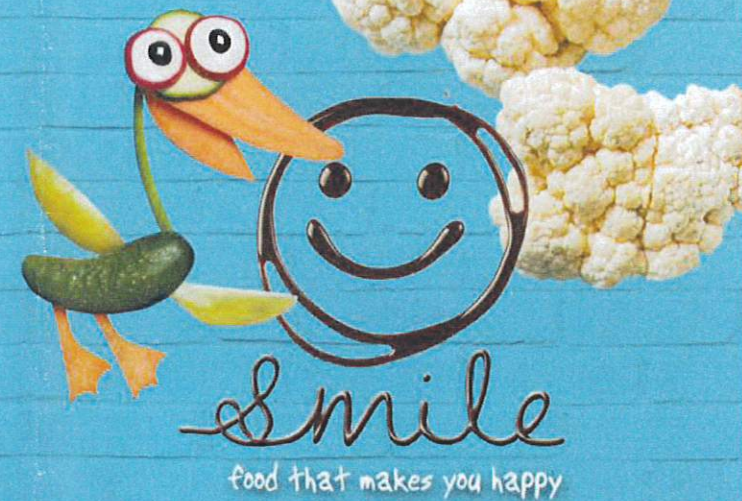
Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

DIETARY AND ALLERGEN ADVICE

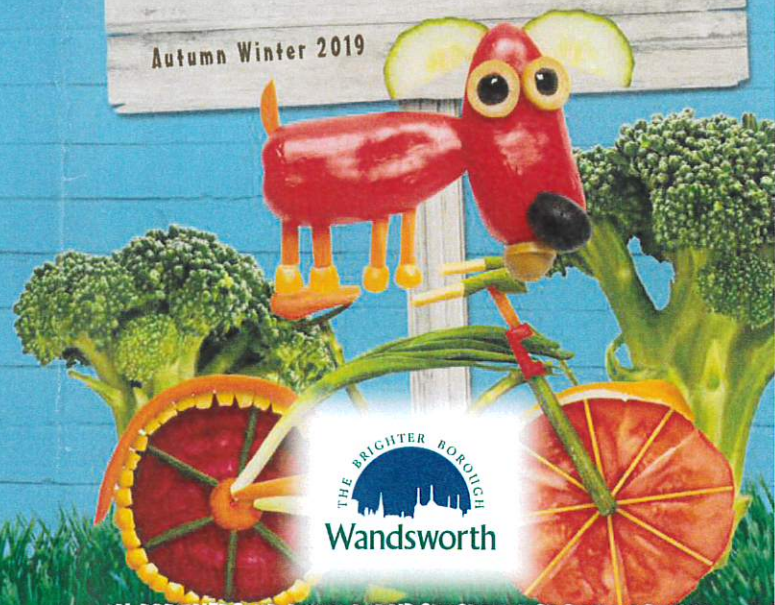
If your child requires a special diet for medical reasons please contact

SPECIALDIETS@EDWARDSANDWARD.CO.UK

Please note menus subject to change due to unforeseen circumstances



Smile
food that makes you happy



edwards and ward
a recipe for success



IN PARTNERSHIP WITH WANDSWORTH BOROUGH COUNCIL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

28/10/19, 18/11/19, 09/12/19, 13/01/20,
03/02/20, 02/03/20, 23/03/20

Vegetable Bolognese with Penne Pasta
or
Quorn Paella
Golden Corn & Green Beans
Apple Crumble and Custard

Chicken Sausages with Gravy and Mashed Potatoes
or
Veggie Sausage with Gravy and Mashed Potatoes
Garden Peas & Sliced Carrots
Butternut Squash and Orange Cake

Beef Stifado with Vegetable Rice
or
Jacket Potato with Beans & Cheese
Broccoli Florets & Cauliflower
Orange Jelly with Fruit Cocktail

Chicken Fajita Bake with Turmeric Rice
or
Shepherdess Pie
Corn and Peppers & Shredded Carrots
Lime Shortbread with Yoghurt

Battered Fish with Chips
or
Sweet Potato and Spinach Whirl with Chips
Baked Beans & Baked Courgettes
Dairylea Cheese with Crackers

WEEK 2

04/11/19, 25/11/19, 16/12/19, 20/01/20,
10/02/20, 09/03/20, 30/03/20

Five Spice Chicken and Rice
or
Mac & Cheese
Broccoli Florets & Golden Corn
Carrot Cookie and Yoghurt

Chilli Beef with Jacket Potato
or
Lentil Roast with New Potatoes
BBQ Beans & Garden Peas
Raspberry Oaty Slice

Roast Beef with Gravy and Roast Potatoes
or
Tomato and Basil Pasta Bake
Super Greens & Carrots and Swede
Lemon and Elderflower Drizzle Cake

Chicken Tikka Masala with Rice
or
Cheese and Spring Onion Quiche with New Potatoes
Corn and Peppers & Green Beans
Pear and Chocolate Sponge and Chocolate Sauce

Fish Nuggets with Oven Baked Potato Wedges
or
Falafel Wrap with Oven Baked Wedges
BBQ Beans and Pear
Fresh Fruit Platters

WEEK 3

11/11/19, 02/12/19, 06/01/20, 27/01/20,
24/02/20, 16/03/20

Quorn Korma and Savoury Rice
or
Tomato and Vegetable Ragù with Pasta Twists
Cauliflower & Corn and Peas
Steamed Jam Sponge with Custard

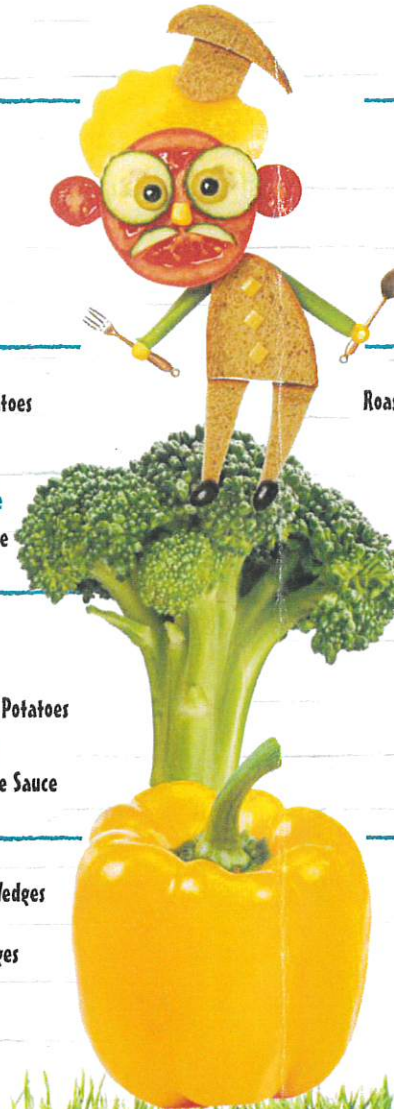
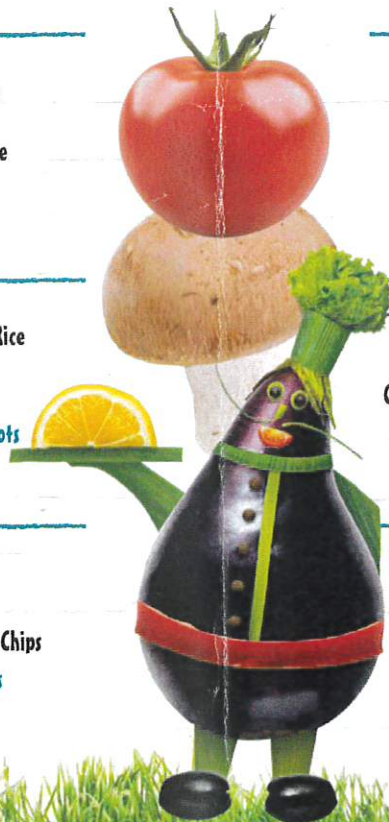
Beef Bolognese with Spaghetti
or
Vegetable Biryani
Shredded Carrots & Green Beans
Parsnip Cake

Roast Chicken, Stuffing and Gravy with Roast Potatoes
or
Veggie Bean Burrito with Rice
Broccoli Florets & Swede
Rice Pudding with Seasonal Fruits

Jamaican Lamb Pie with Parsley Potatoes
or
Tomato and Lentil Pasta Bake
Garden Peas & Sliced Carrots
Peach Melba Sponge and Custard

Salmon Fish Fingers with Chips
or
Cheese and Tomato Pizza with Chips
Baked Beans & Golden Corn
Fresh Fruit Salad

**FRESH
HEALTHY
TASTY**



Smile food that makes you happy

(V) Suitable for Vegetarians

SERVED DAILY – FRESHLY BAKED BREAD, FRESH SALADS, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.